

## Jindera Public School

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### **An open letter to parents/carers and school community members of Jindera Public School for 2015 school year – Anaphylaxis and food allergies**

I am writing to ask you to please be aware that some of things you might put in your child's lunchbox or their school bag for consumption at recess or lunchtime could be harmful to other children.

It is important to note that all due care is taken to ensure that children at our school, who are identified as being allergic to certain foods or airborne allergens, bites and stings, are managed as per their Health Care Plan.

However, we now have an increasing number of students who are identified as Anaphylactic **(that is: they could die or at the very least become extremely ill from touching, tasting or swallowing certain foods)** so we ask that all consideration be given when providing food for your child at school.

Common allergens include:

- Nuts of any variety
- Fish of any variety
- Eggs
- Dairy

All students are supervised during eating times, however, could you please discourage your child from sharing their food or swapping their food and that you encourage your child to wash their hands after eating as part of their eating routine.

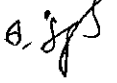
Birthday cakes and party food are welcome at school, however, must be accompanied by a clearly labelled list of ingredients and made available to the class teacher before school. Consideration also needs to be given to the preparation of the food, noting whether it comes into contact with any allergens. A simple way with labelling is to use commercially available packet mixes and cut out the ingredients list and attach to the item you are bringing into school. Alternatively, you may just list the ingredients and attach to home made goods made from scratch.

We truly appreciate the time and effort parents go to when donating cakes and slices to our fundraising stalls or bringing in birthday treats for their children. We would love to continue this tradition at our school as well as ensuring that all our children are safe and

well during their time with us. Thank you for your assistance with this. If you have any queries or questions please don't hesitate to contact your child's teacher or me.

Could you please discuss this matter with your child.

Yours sincerely

A handwritten signature in black ink, appearing to read 'L. Singleton', written over the printed name.

Ms Lianne Singleton

Principal

5/2/2015